

RADIANT CHILD YOGA

2010

Teacher Training

Friday, November 12th 6:00 pm - 9:00 pm

Saturday, November 13th 8:00 am - 5:00 pm

Sunday, November 14th 8:00 am - 3:00 pm

Radiant Child Yoga is one of the most comprehensive and enlightening training programs of its kind!

- ★ Guidelines for toddlers to teens
- ★ Yoga stories and games
- ★ Yoga for SPD, Autism, and ADHD
- ★ Keeping children engaged and focused
- ★ Adapting for schools
- ★ Meditation and breathwork
- ★ Self-transformational practices for you as the teacher
- ★ Yoga in Motion songs and movement
- ★ Collaborate in small groups to present a children's yoga class
- ★ At-home practice includes consult with Shakta



The course includes take-home tote and materials --books, CDs, DVDs, and manuals-- all created by Shakta Kaur, a \$165 value

- ★ Opportunity to be listed on **childrensyoga.com**
- ★ Receive a certificate of completion for RCYP levels 1 & 2 (20 class hours); certificate given upon the completion of at-home practice
- ★ CEU credits available for Yoga Alliance, private/public schools, OT/PT practices
- ★ Beginners and experienced in yoga



\$585 pre-registered by October 11th
\$645 regular registration



Shakta Kaur Khalsa is the founder of the Radiant Child Yoga Program, IKYTA certified yoga teacher and trainer, AMS Montessori education, E-500 RYT, and author of several well-known yoga books.



To Register: 508-376-4525

Yoga at the Ashram
368 Village Street
Millis, MA 02054

www.kundaliniyogane.com